	2016 BAC Summer Championships Hosted by Berkeley Aquatic Club (Held Under the Approval of USA Swimming.)						
3.6 . A 1.11	NJSAP072216LC						
Meet Approval #:	In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.						
Host Team:	Berkeley Aquatic Club						
Date of Meet:	Friday, July 22nd, 2016 Saturday, July 23rd, 2016 Sunday, July 24th, 2016						
List of Invited Teams	BAC, CAT, EEX, PAA, PPST, TAC						
	If the meet does not fill after the above teams have submitted their entries, the meet host reserves the right to invite additional teams.						
	Other interested teams/athletes should contact the Meet Director ASAP. Please include details as to how many 12&U, 13/14 and Senior athletes you would be interested in entering.						
Location of Meet:	Berkeley Aquatic Center of Excellence 629 Central Avenue New Providence, NJ 07974						
Facility Info:	The pool is Olympic-sized: 25 yards by 50 meters. The pool uses pedestal-style blocks with non-turbulent lane lines and an Omega Timing System. The depth of the pool at the starting end is 2 meters and at the turning end is 5 feet. There is one 3 lane by 25 yard auxiliary pool for warm-up and warm-down. The depth of the auxiliary pool ranges from 2 meters to 4 feet. There is bleacher seating on deck for up to 300 athletes. Additional bleacher seating is available above the pool deck for up to 250 spectators.						
	Parking is available in the facility lot ONLY. Parking in the lots of any surrounding businesses is strictly prohibited.						
Pool Certification Statement:	The competition course has been certified in accordance with 104.2.2C (4).						
Meet Director:	Becky Hammond - bechammond@hotmail.com or (201) 401-3617						
Meet Referee:	Christopher Barry - accebarry@verizon.net or (908) 612-3480						
Administrative Official:	Nancy King - npking1@verizon.net						
Meet Safety Marshall:	Anitha Kamath - anithakam@gmail.com or (973) 818-8193						
Entry Coordinator:	Becky Hammond - bechammond@hotmail.com or (201) 401-3617						
Host Team Contact:	Tristan Formon – <u>tr1stan@juno.com</u>						
Entry Information/Entry Deadline:	In accordance with NJS policy, team entries must be submitted by E-mail to bacmeetentries@berkeleyaquaticclub.com. The deadline for entries is Friday, July 8th, 2016.						

Should the Meet still have capacity, additional entries from invited teams will be accepted following the NJS Silver Bronze Championships. The entry deadline for these additional entries will be 9 AM on Tuesday, July 19th.

Please make the subject of your message: BAC Summer Champs

Sessions may be limited as follows:

150 Athletes/2 Hours for both of the Prelim Sessions 200 Athletes for the 12/Under Session

All entries are to be of Hy-Tek meet entry format, importable into Meet Manager as an attached file to an email. The meet entry coordinator will respond to emails within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It is the e-mailer's responsibility to make sure that the entry coordinator receives the email. If you do not receive an email response, you must contact the entry coordinator by phone.

An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry and must be submitted before the start of the meet. The host club reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by this time. Entries must be submitted in Meter times only but may be converted from Yards. No phone or faxed entries will be accepted.

Accuracy of seed times is essential. Incomplete entries will not be accepted.

Deck entries will not be accepted.

No phone or faxed entries will be accepted.

Mailing Address:

Berkeley Aquatic Club – BAC Summer Champs

629 Central Avenue

New Providence, NJ 07974

Meet Format Waiver:

The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:

- To allow more swimmers the opportunity to swim.
- To conform to facility capacity limits or for facility safety concerns.
- To condense the meet into smaller time frame.

Some of the changes that can be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays.

Internet Website Posting:

The meet announcement, Hy-Tek Event List (.HYV file), and meet results will be posted on New Jersey Swimming website. (www.njswim.org)
The following will be posted on the Berkeley Aquatic Club Website (www.berkeleyaquaticclub.com):

Before the meet, we will post:

Meet Announcement

Downloadable Hy-Tek Events List (.HYV file)

	Psych Sheets
	Updated Meet Schedule
	opanied meet benedule
	After the meet, we will post:
	Downloadable Results (.CL2 file)
	Printable Results (.PDF file)
Meet Requirement Statement:	Since this Meet is NOT USA Swimming Sanctioned, it does NOT count toward participation requirements for New Jersey Swimming LC Zone Championship
	Team eligibility NOR for NJ Swimming National Championship Meet Travel Grants.
	The results/times from the BAC Summer Champs Meet will be entered into SWIMS database and will be viable for entry purposed for ZONES (AG and SNR) in additional to USA Swimming Sectional and National level Meets.
Coaches Eligibility:	• All coaches 'on the deck' must be registered with USA Swimming and be 2016 coach members of USA Swimming.
	• Coaches will be required to show coaching card with all current requirements met. Alternatively, a coach may show his/her certification on Deck Pass.
	• Coaches must show coaching card before picking up any meet information or scratch sheets.
	Coaches must have coaching card visible at all times while on deck and when entering hospitality area.
Swimmer	All swimmers must be USA Swimming registered for the BAC Summer Champs
Eligibility:	Meet.
	All swimmers must be included in a team's official Meet Roster in the meet database to be eligible to participate in this Swim Meet in any event including relays.
	Unattached Swimmers. All transfer swimmer(s) must swim unattached for 120 consecutive days from their last attached open competition. Swimmers must use a New Team Alpha Code UN or U as their team affiliation. All unattached swimmers must be listed on the team's official waiver/verification form.
	Age Groups that are offered. 10 & under, 11-12, 13-14 and Open which is open to any swimmer obtaining the time standards.
	Time Standards will be used. The custom time standards are detailed later in this Meet Information.
	Individual and Relay Limits: Swimmers may compete in a maximum of three (3) individual events and one (1) relay per day.
	Age at Meet: Age for this meet is as of the first day of the meet.

Age-Up Exception	For a swimmer who ages up during the period between the NJS Silver Bronze Championship Meet and the BAC Summer Champs AND was too fast to swim certain events at the previous NJS Silver Bronze Championship for the younger age AND had achieved qualifying times in certain events for the younger age group for the BAC Summer Champs but that time does not qualify for those events in the older age group at the BAC Summer Champs, that swimmer will be permitted to enter those same events in the BAC Summer Champs in the older age group using their best time. This applies to all athletes who "age-up" between July 16th and July 22nd, 2016, inclusively.
USA-S Racing Start Certification Statement	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this
Audio/Visual Recording Statement:	requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Meet Format:	Berkeley Aquatic Club's BAC Summer Champs Meet will be run in accordance with current USA Swimming rules.
	This is a Long Course Meet.
	This Meet will be deck seeded with coaches checking in/scratching all swimmers.
	With the potential exception of 50's, swimmers will report directly to their lanes without Marshalling.
	All events swum Friday night shall be timed final events, regardless of age, and will be swum fastest to slowest. Such events shall be listed under the Order of Events in this same document.
	All other 12/U Events will be swum as timed finals. All other 13/14 and Open Events, will follow a Trials and Finals format. Open Events will have consolation and championship finals (fastest 20 swimmers from preliminaries) and 13/14 Events will have a single championship final (fastest 10 swimmers from preliminaries) both being held during the same Finals session each evening.
	The 800 Freestyle will be swum as a timed final event swimming slowest to fastest at the end of the appropriate morning preliminary Session. If we have more than one heat for each gender, we will alternate the heats by gender. We reserve the right to consult with participating teams after entries are received and a timeline is established should we find a different format would benefit the participating athletes. Teams are limited to two (2) relays per event unless time should permit more relays to swim. All relays are timed finals and will be swum with Finals both on

Tentative Meet Schedule:

Friday, July 22nd, 2016

		Warm-Up	Start
Distance Session	All Athletes	3:15 PM	4:00 PM

Saturday, July 23rd and Sunday, July 24th, 2016

		Warm-Up	Start
Open	Men/Women	7:00 AM	7:45 AM
13/14	Men/Women	9:45 AM	10:30 AM
12 & U	Men/Women	12:30 PM	1:15 PM
Finals	Men/Women	5:15 PM	6:00 PM

Meet Schedule will be finalized once entries are received.

Warm-Up	Meet Schedule will be finalized once entries are received. New Jersey Swimming Warm-up and Safety Guidelines:
Procedures:	Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines
11000001001	(https://www.teamunify.com/SubTabGeneric.jsp?team=eznjslsc&_stabid_=69121).
	There will be one 40 minute warm up period before each session. For the first 25 minutes, teams will be assigned lanes for general warm-ups. When more than two teams share a common lane for warm-ups, all teams must agree to a warm-up procedure. If clubs sharing a lane can't agree on a warm-up procedure, that lane will be a general warm-up lane without Sprints or Pace. After 25 minutes, Lanes 1 and 10 will become Pace lanes and lanes 2 and 9 will become Sprint lanes. At the discretion of the Meet Referee, lanes 3 and 8 may also become Sprint lanes. The remaining lanes will be general warm up available to all teams without Sprints or Pace. Swimmers may only exit at the ends of pool and may not exit on the sides. All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same
	opportunities for general warm-up lanes, sprint lanes, and pace lanes. Entry/Exit Into/Out of Pool: All swimmers must enter the pool from the starting end of the pool. All swimmers must enter feet first. Swimmers must exit the pool at the start/turn ends, not on the side of the pool.
	New Jersey Swimming officials will monitor warm-ups. Uniformed and designated meet marshals will also monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction. When all teams are assigned their own warm-up lanes, (without any team sharing a lane with another team) teams can run their own warm-ups without Sprints or Pace.
	Warm-up Schedules. There will be one 40 minute warm-up period before each session. The session will begin 5 minutes after the conclusion of the warm up.
	PLEASE NOTE: Swimmers are prohibited from using any "gear" or "equipment" or swimming aids during any warm-up or warm-down without formal approval from the Meet Referee in either the competition pools or the warm-up/warm-down pools.
Entry Times:	New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.
Check-In:	All check-in sheets must be turned into the control room 40 minutes before the start of the applicable Session. Swimmers who are present and swimming will have lines through their names. Swimmers who are being scratched will have their names circled with 'SCR' next to the

	circle. Swimmers scratching a single event will have a line through their name and the event number circled with 'SCR' next to the circle. Please use a simple line, not a scribble, so that the						
	name can still be read. Failure to follow this procedure may result in the swimmer(s) being						
G:	scratched from the session.						
Starts:	'Fly-Over' or 'Over the Top' starts will NOT be used.						
Friday Evening	Athletes competing in either the 400 IM and/or 400 Free on Friday evening will be required to						
and Distance	provide 1 timer. Athletes competing in the 1500 Free on Friday evening will be required to						
Events:	provide 1 timer and 1 counter (if desired) for their individual race.						
	Athletes competing in the 800 Free on either Saturday or Sunday will be required to provide 1 timer and 1 counter (if desired).						
Relays:	Positive check-in for all relays shall be at the start of warm-up of the evening session. Coaches must turn in relay cards no later than 90 minutes prior to the event. All relays must have the correct four names listed on the relay card in the correct order for that relay to be eligible. All swimmers must be listed in the team's official entry file in order to participate in the meet, including Relay-Only Swimmers. The order of swimmers and the names may be changed by notifying the timer in the relay lane or the computer desk, but this must be done prior to the start of the heat. No changes will be made after the relay is started.						

Scratching from Finals:	The New Jersey Swimming Scratch Procedure, as specified in the NJ Swimming Policies & Procedures Manual, found at NJSwim.org, including the Scratch rules for Championship Finals, is in effect for this meet.				
	We will take both scratches and intentions to scratch from Finals but they must be given within 30 minutes of announcing the results of the event in question and intentions must be decided or cleared within 30 minutes of when the swimmer's last swim of the morning is completed.				
Scoring:	We will not score this Meet.				
Awards:	Placement ribbons will be presented to the top 3 swimmers in each age group for each gender in each session. Age groups for award purposes include: 10 & Under; 11-12; 13-14; Open.				
Entry Fees:	12/U Timed Final Events: \$5.00 13/14 and Open Prelim/Final Events: \$6.00 Relay Events: \$9.00 Distance (800 and 1500) Timed Final Events: \$11.00				
	Please make checks payable to: Blue Streak Aquatic				
	All Entry Fees must be submitted before the start of the Meet. The host club has the right to scratch teams/swimmers for lack of payment of Entry Fees.				
Admissions and Programs:	Admissions for all Sessions (including Finals) shall be \$5.00.				
	Heat Sheets (and Results) will be available on both Meet Mobile and Live Results.				
Results:	Final results will be posted on both www.njswim.org and www.berkeleyaquaticclub.com at the conclusion of the Meet. Interim results will be available on Meet Mobile, Live Results and may be posted on deck.				
Host Club Responsibilities:	The host club will have stopwatches available for volunteers helping to time.				
1	The host club will e-mail all club entries back to the participating clubs.				
	The host club will create a Warm-Up Schedule that will be fair and equal to all teams. This Warm-Up Schedule will be e-mailed to all participating clubs and posted on the team website no later than 1 week before the meet.				
	The host club will create Timing Assignments that are fair and equitable with as many teams participating as possible. These Timing Assignments will be e-mailed to all participating clubs and posted on the team website no later than 1 week before the meet.				
Participating	Participating clubs must help with timing assignments. Timing assignments will be e-mailed to				

Club	participating clubs and posted on the team website 1 week prior to the meet.						
Responsibilities:	Participating club parents must stay on the bleacher side of the pool deck except when fulfilling						
	a volunteer assignment.						
	Participating clubs are encouraged to provide as many certified officials as possible. Officials						
	must present up-to-date and complete Official's Credentials each session. Please contact the Meet Referee to volunteer.						
	Neet Referee to volumeer.						
	All athletes, coaches, volunteers and spectators are expected to follow all posted facility						
	guidelines as well as any instructions as communicated by Facility Staff or Meet Management						
Canada	team members throughout the duration of the Meet.						
Concessions: Hospitality:	Water shall be available for sale. Refreshments will be available for all Coaches, Officials and Multi-Session Volunteers in the						
Hospitality.	Hospitality Suite throughout the duration of the Meet.						
Vendor:	The Berkeley Aquatic Speedo Swim Shop will be open during the Meet.						
Directions:	Address:						
	629 Central Avenue						
	New Providence, NJ						
	Directions:						
	From 78 East						
	Take Exit 44 toward New Providence/County Highway 527. At the end of the exit ramp turn						
	left onto County Road 527/Glenside Avenue. After ½ mile, turn Left onto Glenside Road. Glenside Road will become South Street/County Highway 647. Turn Left onto Central						
	Avenue. Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road.						
	Avenue. Berkeley Aquatic will be 0.5 lilles after this turn on the fight-hand side of the foad.						
	From 78 West						
	Take Exit 43 and merge onto Diamond Hill Road/County Highway 655. In a little less than a						
	mile, turn right onto Mountain Avenue/County Highway 622. Again, in a little less than a mile,						
	turn left onto South Street/County Highway 647. In 0.8 miles, turn left onto Central Avenue.						
	Berkeley Aquatic will be 0.3 miles after this turn on the right-hand side of the road.						
	From Interstate 287						
	Take Exit 21 A (Route 78 East/New York City). Follow 'From 78 West' directions above.						

BAC Summer Champs

Order of Events and Time Standards

Session 1 (Friday): Distance

Women	Time	Age Group	Event	Time	Men
(Event Number)	Standard			Standard	(Event Number)
#1	11/12 – 6:19.19	Mixed	400 IM	11/12 – 6:23.99	#2
	13/14 - 5:57.49			13/14 - 5:40.69	
	Open – 5:34.49			Open – 5:11.09	
#3	6:22.89	10/U	400 Free	6:27.79	#4
#5	11/12 – 21:47.19	Mixed	1500 Free	11/12 – 21:47.19	#6
	13/14 - 19:56.79			13/14 – 19:37.39	
	Open – 19:22.19			Open – 18:17.89	

Sessions 2/5 (Saturday): Open Prelims/Finals

Women (Event Number)	Time Standard	Age Group	Event	Time Standard	Men (Event Number)
#7	1:15.19	Open	100 Back	1:09.69	#8
#9	3:01.29	Open	200 Breast	2:44.79	#10
#11	1:12.89	Open	100 Fly	1:06.69	#12
#13	31.69	Open	50 Free	29.09	#14
#15	2:38.89	Open	200 IM	2:29.59	#16
#17	4:48.99	Open	400 Free	4:30.89	#18
#19		Open	400 Free Relay		#20

Sessions 3/5 (Saturday): 13/14 Prelims/Finals

Women	Time	Age Group	Event	Time	Men
(Event Number)	Standard			Standard	(Event Number)
#21	1:19.39	13/14	100 Back	1:15.19	#22
#23	3:10.49	13/14	200 Breast	3:03.29	#24
#25	1:16.59	13/14	100 Fly	1:13.29	#26
#27	33.69	13/14	50 Free	31.39	#28
#29	2:50.09	13/14	200 IM	2:42.79	#30
#31	10:32.69	13/14	800 Free	10:06.29	#32

(Saturday Finals will be swum by alternating Open and 13/14 Age Groups for like Events. Saturday Finals will start with Open Events.)

Session 4 (Saturday): 11/12 and 10&Under

Women	Time	Age Group	Event	Time	Men
(Event Number)	Standard			Standard	(Event Number)
#33	2:36.09	11/12	200 Free		
#34	3:01.89	10/Under	200 Free		
		11/12	200 Free	2:34.59	#35
		10/Under	200 Free	3:01.89	#36
#37	1:24.79	11/12	100 Back		
#38	1:38.39	10/Under	100 Back		
		11/12	100 Back	1:24.79	#39
		10/Under	100 Back	1:38.39	#40
#41	3:19.39	11/12	200 Breast	3:23.19	#42
#43	34.59	11/12	50 Free		
#44	39.29	10/Under	50 Free		
		11/12	50 Free	34.19	#45
		10/Under	50 Free	39.29	#46
#47	44.29	11/12	50 Breast		
#48	51.29	10/Under	50 Breast		
		11/12	50 Breast	43.89	#49
		10/Under	50 Breast	51.49	#50
#51	1:22.69	11/12	100 Fly		
#52	1:41.69	10/Under	100 Fly		
		11/12	100 Fly	1:22.09	#53
		10/Under	100 Fly	1:42.09	#54
#55	2:53.39	11/12	200 Back	2:53.59	#56
#57	11:36.59	11/12	800 Free	11:36.59	#58

Session 6/9 (Sunday): Open Prelims/Finals

Women (Event Number)	Time Standard	Age Group	Event	Time Standard	Men (Event Number)
#59	2:21.99	Open	200 Free	2:12.69	#60
#61	2:39.49	Open	200 Back	2:25.99	#62
#63	1:25.59	Open	100 Breast	1:17.09	#64
#65	1:05.69	Open	100 Free	1:01.29	#66
#67	2:36.59	Open	200 Fly	2:26.39	#68
#69	9:52.39	Open	800 Free	9:24.59	#70
#71		Open	400 Medley Relay		#72

Session 7/9 (Sunday): 13/14 Prelim/Finals

Women	Time	Age Group	Event	Time	Men
(Event Number)	Standard			Standard	(Event Number)
#73	2:29.29	13/14	200 Free	2:22.99	#74
#75	2:49.39	13/14	200 Back	2:42.89	#76
#77	1:29.49	13/14	100 Breast	1:24.59	#78
#79	1:09.89	13/14	100 Free	1:05.99	#80
#81	2:47.79	13/14	200 Fly	2:39.99	#82
#83	5:07.49	13/14	400 Free	4:59.49	#84

(Sunday Finals will be swum by alternating 13/14 and Open Age Groups for like Events. Sunday Finals will start with 13/14 Events.)

Session 8 (Sunday): 11/12 and 10&Under

Women	Time	Age Group	Event	Time	Men
(Event Number)	Standard			Standard	(Event Number)
#85	2:57.89	11/12	200 IM		
#86	3:25.89	10/Under	200 IM		
		11/12	200 IM	2:55.89	#87
		10/Under	200 IM	3:25.89	#88
#89	1:12.29	11/12	100 Free		
#90	1:24.79	10/Under	100 Free		
		11/12	100 Free	1:11.69	#91
		10/Under	100 Free	1:24.79	#92
#93	37.49	11/12	50 Fly		
#94	43.99	10/Under	50 Fly		
		11/12	50 Fly	37.49	#95
		10/Under	50 Fly	43.99	#96
#97	40.19	11/12	50 Back		
#98	46.39	10/Under	50 Back		
		11/12	50 Back	40.19	#99
		10/Under	50 Back	46.39	#100
#101	3:14.09	11/12	200 Fly	3:14.09	#102
#103	1:32.59	11/12	100 Breast		
#104	1:49.79	10/Under	100 Breast		
		11/12	100 Breast	1:32.59	#105
		10/Under	100 Breast	1:49.79	#106
#107	5:29.19	11/12	400 Free	5:25.09	#108



2016 BAC Summer Champs

July 22nd - 24th, 2016

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Berkeley Aquatic Club, Blue Streak Aquatic and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the 2016 BAC Summer Champs Meet, are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code		
Signature of Coach and/or Parent/0	Guardian	
Telephone	E-Mail Address	
Name(s) of Coach(es):		
Entry Fee Summary:	number of events x \$5 =	\$
Entry Fee Summary:	number of events x \$6 =	\$
Entry Fee Summary:	number of events x \$9 =	\$
Entry Fee Summary:	number of events x \$11 =	\$
Make checks payable to: Blue Strea	k Aquatic	
representative signing a document which	Rules and Regulations a fine of up to \$100 per event against a membe ch indicates a swimmer is registered with USA S compete for that club. This will be enforced by	Swimming for a meet when that swimme
List all Unattached Swimmers:		
Unattached Swimmer	, Unattached Swimmer	
Unattached Swimmer	, Unattached Swimmer	
Unattached Swimmer	, Unattached Swimmer	
Unattached Swimmer	, Unattached Swimmer	
Unattached Swimmer	, Unattached Swimmer , Unattached Swimmer	